# Risk Assessment for indoor gymnastics with reference to COVID-19

This Risk Assessment has taken account of Independent Gymnastics and the Government’s guidelines and policies on corona virus. This Risk Assessment will adhere to *Venue’s* risk assessment and guidelines from government, Independent Gymnastics and Bluefin Sport who are the insurers for Independent Gymnastics.

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| Premises / Activity Assessed | Assessor’s Name | Date | Review Date |
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Risks will be graded at Very Low, Low, Medium, High, Very High

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| **HAZARD** | **PEOPLE AT RISK** | **EXISTING CONTROLS** | **RISK LEVEL** | **FURTHER CONTROLS** | **RESIDUAL RISK LEVEL** |
| Entry | GymnastsStaff | Use hand sanitiser on entryUse entry doorAll have temperature takeParents drop children outside met by staff at doorEnsure 2-meter distance adhered toEach gymnast to wait outside until their session timeSignage reminding all to sanitise on entry | LowVery LowLowVery LowLowLowVery Low | Club to provide sanitise on entry and exitAsk parents to ensure that gymnasts with COVID-19 symptoms or symptoms within the household do not enter the gym.  |  |
| Drinks Bottles | Gymnasts | All bottles must be marked with the gymnast’s nameBottles remain with gymnasts | MediumMedium | Any bottles that are left are disposed of by staff wearing gloves | Very Low |
| Toilets | GymnastsStaff | Gymnasts are only to use one specific toilet Toilets including door handles are cleaned with bleach or other recognised cleaner at the start and end of the session | Very LowVery Low | Staff use appropriate PPE | Very Low |
| Skills | GymnastsStaff | Equipment is sanitised at the start of the session by staffStaff spot from safe distanceEquipment is sanitised at the end of a sessionGymnasts social distanceGymnasts to sanitise their hands each time after using all pieces of equipment Each gymnast to have their own individual chalk blockThe tumble track should be mopped at the start and end of each session | Very LowMediumVery LowVery LowVery LowVery LowVery Low | Fogging machine when availableStaff may wear gloves and face mask/glasses if deemed necessaryStaff use appropriate PPE and sanitising materials Club to provide sanitiser at each piece | Very LowLowVery Low |
| Dismissal | GymnastsStaff | Gymnasts leave by a separate exit to be met by parents/carers outsideGymnasts to sanitise before leaving | Very LowVery Low | Staff ensure all have left and have been picked upClub to provide signage and sanitiser at the exit | Very Low |
| PPE Disposal | Staff | PPE if used will be disposed of in a relevant bin | Low |  |  |