# Risk Assessment for indoor gymnastics with reference to COVID-19

This Risk Assessment has taken account of Independent Gymnastics and the Government’s guidelines and policies on corona virus. This Risk Assessment will adhere to *Venue’s* risk assessment and guidelines from government, Independent Gymnastics and Bluefin Sport who are the insurers for Independent Gymnastics.

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| Premises / Activity Assessed | Assessor’s Name | Date | Review Date |
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Risks will be graded at Very Low, Low, Medium, High, Very High

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| **HAZARD** | **PEOPLE AT RISK** | **EXISTING CONTROLS** | **RISK LEVEL** | **FURTHER CONTROLS** | **RESIDUAL RISK LEVEL** |
| Entry | Gymnasts  Staff | Use hand sanitiser on entry  Use entry door  All have temperature take  Parents drop children outside met by staff at door  Ensure 2-meter distance adhered to  Each gymnast to wait outside until their session time  Signage reminding all to sanitise on entry | Low  Very Low  Low  Very Low  Low  Low  Very Low | Club to provide sanitise on entry and exit  Ask parents to ensure that gymnasts with COVID-19 symptoms or symptoms within the household do not enter the gym. |  |
| Drinks Bottles | Gymnasts | All bottles must be marked with the gymnast’s name  Bottles remain with gymnasts | Medium  Medium | Any bottles that are left are disposed of by staff wearing gloves | Very Low |
| Toilets | Gymnasts  Staff | Gymnasts are only to use one specific toilet  Toilets including door handles are cleaned with bleach or other recognised cleaner at the start and end of the session | Very Low  Very Low | Staff use appropriate PPE | Very Low |
| Skills | Gymnasts  Staff | Equipment is sanitised at the start of the session by staff  Staff spot from safe distance  Equipment is sanitised at the end of a session  Gymnasts social distance  Gymnasts to sanitise their hands each time after using all pieces of equipment  Each gymnast to have their own individual chalk block  The tumble track should be mopped at the start and end of each session | Very Low  Medium  Very Low  Very Low  Very Low  Very Low  Very Low | Fogging machine when available  Staff may wear gloves and face mask/glasses if deemed necessary  Staff use appropriate PPE and sanitising materials  Club to provide sanitiser at each piece | Very Low  Low  Very Low |
| Dismissal | Gymnasts  Staff | Gymnasts leave by a separate exit to be met by parents/carers outside  Gymnasts to sanitise before leaving | Very Low  Very Low | Staff ensure all have left and have been picked up  Club to provide signage and sanitiser at the exit | Very Low |
| PPE Disposal | Staff | PPE if used will be disposed of in a relevant bin | Low |  |  |